

COURSE: INDEPENDENT LIVING

OVERVIEW OF COURSE

Goal

The goal of this course is to give high school students an understanding of the major responsibilities that society expects of them as they become adults.

Description

This course identifies the challenges of adolescents as they assume adult responsibilities, and provides them opportunities to explore future trends and important decisions. This course requires students to practice and show competence in leadership and financial management skills needed for successful living throughout the life cycle in a sophisticated technological society. The focus of the course is on the importance of planning to achieve goals which create the kind of future the student wants, and to accept the responsibilities of adulthood.

Message to the Teacher:

The teacher must assess the overall program and needs of the school district and select the most appropriate format of this course. It can be taught as an elective, for youth at risk, or as a part of a sequence.

The depth of this course is dependent on the needs of the students and time available.

Skills, Knowledge, and Behaviors to be Developed

The ability to:

1. Identify major adult responsibilities throughout the life cycle.
2. Define a personal lifestyle and make plans for attaining it, basing decisions on interests, goals, abilities, occupational choices, and use of home management skills.
3. Identify leadership skills needed to obtain personal and group goals.
4. Develop leadership skills for family living and community life.
5. Identify the advantages of our economic system, and act as a responsible consumer to preserve those advantages.
6. Plan for family needs in goods, services, and financial protection throughout the life cycle.
7. Use information systems and technology to facilitate needs to be met for oneself and the family.
8. Gain career information from speakers, and identify transferable skills.